

## Montreal, QC | Tuesday, August 15

Publishers will have the opportunity to sign up via the event survey, starting on Monday, July 31. Sponsors should register for activities by emailing [kgunther@admonsters.com](mailto:kgunther@admonsters.com). Activities are available on a first come first served basis and do fill quickly!

### Montreal from the Water 1:30 PM – 4:30 PM

Join us on the Absolu 80W yacht as we cruise the St. Lawrence to discover Montreal from the water. This tour of the Old Port and St. Helen's Island incorporates cruising past the Biosphere and the Olympic Stadium as it ventures to the St. Lambert Locks. Beautiful views, beer and wine await you!

*Bring: A camera and sunglasses or a hat*

### Hoods & Hidden Gems Bike Tour 1:15 PM – 5:00 PM

Venture deep into the vibrant, eclectic, must-see 'hoods of the Plateau, Mile-End, Little Italy, and Mile-Ex. We ride parks, quiet streets and laneways, spot murals and street art, visit the Jean-Talon farmer's market, and stop for a local craft beer or cider. A real taste of authentic Montreal lifestyle!

*Bring: Sneakers or appropriate footwear*

### Flavors of Montreal 2:00 PM – 5:00 PM

This is a walking food tour with depth! We wander through four cultural communities, learn the stories of their inhabitants and mom'n'pop shop owners, and sample the food and drink most symbolic to their identity in Montreal. Come hungry! Samples include tea and Dragon Beard candy in Chinatown, Québécois poutine in the old Red Light, famous smoked meat in the Jewish Quarter, and a tasty traditional pasteis de nata tart in Little Portugal!

*Bring: Your appetite!*

### Old Montreal Walk 1:30 PM - 4:30 PM

Discover on foot one of North America's most charming and well-preserved historical neighborhoods, Old Montreal. Casual yet informative, we will adapt the tour to your interests as we stroll the streets and favorite off-the-beaten-path stops. The tour begins at the history and archeology museum, with a 20-min film produced by Montreal multimedia superstars Moment Factory, and continues tracing the story of the 17th-century foundation of Montreal up to the exciting city it is today, full of impressive architecture, emerging art centers, gastronomy, and nightlife.

*Bring: Good walking shoes and a camera!*

### Mont-Royal Hike & Intimate Walking Tour 1:30 PM – 5:00 PM

For those looking for a little sweat, Mont-Royal is an urban hikers paradise. Our guide will lead you on a casual hike through the woods of Montreal's "Mountain," where you really can get lost and away from it all. You will be treated to beautiful views of the city (some secret), and a visit to the famous Mont-Royal Cross. He'll finish this insider tour by walking you through the quiet streets and laneways of the Plateau neighborhood he has called home for 15 years, and reward you with a well-deserved beer and snack.

*Bring: Good running shoes, a hat or sunblock and sunglasses*

### Lachine Rapids Jet Boat Tour 1:00 PM – 3:30 PM

Experience the exciting whitewater of the Lachine Rapids! This spectacular one-hour trip traverses the rapids of the St. Lawrence River via large powerful jet boats – and is Montreal's most refreshing activity: wet, wild and wonderful, and not to be missed.

*Bring: A change of clothes and a towel! We provide rain suits and boots.*